



IMMIGRANT WOMEN'S HEALTH SERVICE

Annual Report 2009 – 2010

Our Mission

Immigrant Women's Health Service is committed to empowering women and valuing their life experiences.

We work with compassion, unity and mutual respect.

Main Objectives:

- To provide a service that caters for the developmental needs of CALD immigrant and refugee women
- To continue to develop and maintain health education programs that will foster healthy attitudes, habits and behaviours
- To organise health campaigns and provide information on a broad range of topics in culturally appropriate forms
- To continue to document the health and developmental needs of women in the local area
- To involve women in consultations and self-identification of their developmental needs.
- To foster community development with a view to enable local women to develop informal support mechanisms

Services provided

The program incorporates a holistic approach that is characterized by the promotion of health, both mental and physical, to women participating in the various programs.

Immigrant Women's Health Service (IWHS) provides the following services:

- Health education and support programs
- Health information services
- Counselling and referral
- Social and Support groups
- Various campaigns to lobby and advocate for women's rights and well-being
- Outreach clinical and legal services
- English language and Computer classes

Philosophy & Funding

Immigrant Women's Health Service is a community based women's service, committed to providing a range of high quality information, referral and advocacy services for immigrant and refugee women from culturally and linguistically diverse backgrounds (CALD).

Immigrant Women's Health Service is a non-government and not for profit service receiving the majority of its funding from NSW Health through Sydney South West Area Health Service – NGO grant program.

Other funding sources that are project based and are time limited include:

- Family And Community Services Indigenous Affairs (FACSIA) through the Smith Family funding the Arabic Assyrian Parenting project.
- Department of Ageing Disability and Home Care (DADHC) funding the Middle Eastern Senior Women's group.
- Fairfield City council
- Cancer council

Snapshot of services in 2009-2010

IWHS has provided migrant and refugee women from CALD communities with a range of health education sessions, programs, courses, projects, information and referral and many more services to address their health needs and build their capacity. IWHS has promoted the physical, emotional and psychological well-being of women through making new friends in a new land, sharing of skills, and access to knowledge and experiences in a safe and supportive environment. The service has delivered a number of partnership programs for women from different ethnic communities such as Vietnamese, Cambodian, Cantonese, Arabic Speaking, Assyrian, Chaldean, Spanish Speaking, Swahili, Sudanese, Somalian, Mandanian, Turkish, Chinese and Filipino, and there was a significant participation of women in all programs as outlined below.

Migrant and refugee women have significantly benefited both directly and indirectly from participating in the range of opportunities made available to them at both centres (Fairfield and Cabramatta). On a weekly basis, women have gained knowledge and confidence from health talks and information sessions of mainstream service providers. Also, they had overcome their isolation and improved their emotional and psychological well-being through talking, sharing stories, access to counselling and free legal advice, learning new skills and making new friends in a safe and supportive environment. In the long-term, they are building their strength and confidence throughout the settlement process where integrating into the wider Australian community is more feasible and positive.

In addition there have been significant projects that IWHS have initiated and participated in, in collaboration with a range of government and non-government organisations, in particular the Arabic Assyrian Parenting project with the Smith Family and funded by the Department of Families, Community Services & Indigenous Affairs, the group work and counselling with STARTTS, Transcultural Mental Health and Fairfield counselling Team, as well as the diverse projects with Fairfield City Council.

AT A GLANCE:

- 10,312 were the total number of women who attended weekly group programs (occasions of service).
- 93 women attend English classes every week
- 45 parenting programs for the Arabic Speaking and Assyrian communities were conducted which was attended by 3,120 participants (occasions of service).
- Over 256 information sessions were conducted
- 12 new groups were established to address the needs of nine CALD communities
- 9 New partnerships were established
- Childminding was provided to 1800 children
- 1010 women received incidental counselling
- 385 women received free legal advice
- 5320 phone referrals were addressed

SOME HIGHLIGHTS:

- 52 women attended diabetes education program
- A refugee Armenian woman received TAFE scholarship
- 102 women registered in various groups
- 6 Mandanian women are now working as Child Care workers
- 5 Iraqi and Cambodian women trained for Australian citizenship test and received it
- 5 African women joined the catering project
- 2 Chinese women completed their hairdressing courses and are working in the industry
- 6 women who had experienced domestic violence secured accommodation permanently through the lobbying of the organisation
- Women from 5 different nationalities are now working as bilingual community workers with various health agencies and the AEC.

- 4 women were able to travel overseas to visit their families after the budgeting course they attended at the service
- 17 families noted a significant improvement in their relationship with their children following the Arabic Assyrian Parenting project. The project successful outcome was noted by the community which encouraged the funding body to enlarge the scope of service provision to include more communities in other areas such as old Guildford, Villawood and Carramar. The project approved title will be, Multicultural Parent Project, MPP.
- 6 older women from the seniors group indicated an improvement in their health and well-being from attending the support group
- 5 Iraqi women and 6 Asian women indicated an improvement to their health and in managing their stress levels as a result of participating in the yoga groups
- 12 Assyrian women survived through extreme domestic violence experiences.
- 19 Arabic speaking women were able to attend the Family Court and advocate for their rights independently.
- 17 Turkish speaking women developed a market project where they were able to sell their hand craft products
- 8 Cambodian women bought a stall at the local markets to sell their flower arrangements which is recently available on the internet as well.
- 18 volunteers entered the workforce after training at the service and acquiring a reference with local experience.
- A new Khmer Parenting Group was established
- 14 Vietnamese women joined a make-up course

Client demographics

The major users of the service were migrant and refugee women and children from CALD communities in the Fairfield Local Government Area. There was an average of 560 women who attended weekly group sessions with a total of 10,312 occasions of services in group programs.

The majority were Cambodian, Vietnamese and Cantonese speakers, Arabic Speaking, Assyrian, Chaldean, Mandanian, Sudanese, , Laos, Tagalog, Turkish, Spanish, Serbian, Somalian from Fairfield, Cabramatta, Bonnyrigg, Canley Vale, Canley Heights, St Johns Parks, Auburn, Lidcombe, Bankstown, Preston, Telopea, Westmead, Berala, Seven Hill, Macquarie Field, and Moorebank and other surrounding suburbs.

Most of the women are aged between 25 and 70 with poor or little English, lack knowledge and understanding of mainstream services and approximately

75% had or are experiencing family violence and hardship. 58% of clients are single women and are predominantly unemployed or work casual or part-time.

Health Education & support programs

IWHS initiated a range of programs aiming to facilitate community development initiatives and support mechanisms for women accessing the service. Women regularly attend the group meetings and have come to forge strong bonds of friendship and rapport that developed as a result of the informal support structure within the groups. The women's health education program has evoked the participation of over 10,112 women in its various group activities. With over 21 groups, and women from 20 different backgrounds attending them, IWHS is growing from strength to strength.

The following women's groups meet at each centre on weekly bases and during the school term:

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| Arabic Women's Support Group | 390 |
| Assyrian Women's Group | 810 |
| Mandanian Women's Support group | 493 |
| Middle Eastern Senior Women's group | 251 |
| Spanish Women's Group | 563 |
| Serbian Women's support group | 418 |
| Swahili Women's group | 350 |
| Turkish Women's group | 563 |
| Cambodian Women's support group | 819 |
| Spanish Healthy Awareness group | 289 |
| Chinese Older Women's group | 1,291 |
| Vietnamese Women's Health group | 1,095 |
| Vietnamese Working Women support group | 449 |
| English classes(5 groups) | 3,870 |
| Yoga classes (2 groups) | 1,950 |
| Computer classes(beginners and advance) | 970 |
| Women's Unity | 268 |
| Filipino Women's support group | 324 |

NEW GROUPS ESTABLISHED:

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| Somalian Women's Group | 98 |
| African women Playgroup | 240 |
| Arabic Women's Carers' Support Group | 192 |
| KARATANE partnership group | 098 |
| Khmer Parent Support group | 420 |

English Language Classes

The English classes have always aimed at helping CALD women overcome the barriers in settlement through acquiring good English skills in conversation and literacy skills. The classes provide access to learning English in a safe

and relaxed environment with the help of the friendly teaching staff, who in turn are dedicated volunteers. Five classes, spanning over three days per week, are currently held at IWHS Fairfield and Cabramatta. The classes range from beginner level to advance.

These 5 on-going English classes are aiming to provide CALD women with an opportunity to acquire language skills in a less formal and friendly environment that is free from academic pressure and suitable for their age. The classes enable them to gain English language needed for their everyday living.

Child minding:

The provision of free child minding is an integral part of the services offered at both centres (Fairfield and Cabramatta) and also outreach service provided, which puts into practice our access and equity principles in offering all women the opportunity to participate in the range of programs, projects and activities available at the service. Childminding is offered five days a week during school terms. The total number of children who accessed childminding is 2420 (occasions of service, 1910 at Fairfield and 510 at Cabramatta).

Health Information Services

At IWHS, programs and activities are delivered with the aim of empowering women across all determinants of health- physical, mental, socio-economic and cultural. These determinants often overlap to shape our health information sessions and activities. Over 274 sessions for more than 21 groups were organized for the women attending the weekly group sessions covering the following topics:

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|-----------------------------------|---|
| <p>Physical Well-being</p> | <ul style="list-style-type: none"> ▪ Quality Use of Medicines (9 sessions) ▪ Healthy Bones- Falls Prevention, Osteoporosis, Back Care (11 sessions) ▪ Dental Care (5 sessions) ▪ Healthy Eating –Nutrition, Importance of exercise, food safety (21 sessions) ▪ Gentle exercise sessions & Tai Chi (16 sessions) ▪ Women’s sexual health - visit to the health nurse, Pap tests, menopause information (6 sessions) ▪ Chronic diseases’ information- Diabetes, Heart Disease, Breast Cancer, Stroke, Incontinence(14 sessions) ▪ Deafness (9 sessions) ▪ Sleep disorders (12 sessions) ▪ HIV Awareness and Prevention(5 sessions) ▪ Pain Management (6 Sessions) ▪ Hep C Awareness and Prevention (9 sessions) ▪ Hep B and Liver cancer(12 sessions) ▪ Mind your memory (9 sessions) ▪ Palliative care(11 sessions) |
|-----------------------------------|---|

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| | <ul style="list-style-type: none"> ▪ Diabetes Awareness(14 sessions) ▪ Stroke Awareness(9 sessions) ▪ Obesity (11 sessions) ▪ Arthritis & Osteoporosis (14 sessions) ▪ Bladder control (12 sessions) ▪ Eye care(9 sessions) ▪ Food for brain (3 session) ▪ Bowel cancer (2 sessions) ▪ Dementia awareness (3 sessions) ▪ Healthy eating for older people (3 sessions) <ul style="list-style-type: none"> • Stress management (3 programs) |
| <p style="text-align: center;">Mental/Psychologica I Well-being</p> | <ul style="list-style-type: none"> • Memory and Dementia (5 sessions) • Depression (4 sessions) • Self Esteem (7 sessions) ▪ Stress and Anxiety (3 sessions) • Isolation and Adjusting to a new culture(3 sessions) • Issues of Identity, ways of relating to others(3 sessions) • Respite care (5 sessions) • Positive thinking(3 sessions) • Body image (5 sessions) • Mind your own mind (2 sessions) • Positive thinking (2 sessions) • Positive Aging (2 sessions) • Healthy relationship (4 programs) |
| <p style="text-align: center;">Socio-Economic Well-being</p> | <ul style="list-style-type: none"> ▪ Tenant Connect Program (5 sessions) ▪ Council roles and responsibilities ▪ Sustainable living (7 sessions) ▪ Quarantine matters and regulations (3 sessions) ▪ Crime prevention Pension update (3 sessions) ▪ Community Age Care Package (3 sessions) ▪ Waste Management (6 sessions) ▪ Quarantine information for travellers (5 sessions) ▪ Money management session (6 sessions) ▪ Personal safety on the street (3 sessions) ▪ Prolonged effects of DV (4 sessions) ▪ Will , Estates and Power of Attorney(9 sessions) ▪ Personal safety at home and when travelling ▪ Home and Community Care (5 sessions) ▪ Discrimination: Awareness and support services (3 sessions) |

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| <p>Recreational/Craft</p> | <ul style="list-style-type: none"> ▪ Outings/excursion (12 trips) ▪ Cooking (4 sessions) ▪ Craft sessions- Greeting card making, decorative tissue box covers, crocheting, knitting, jewellery making, sewing , Christmas decoration (56 Sessions) ▪ Aqua Aerobics (10 sessions) ▪ Basket weaving (14 sessions) ▪ Arts/Crafts/Crocheting (38 occasions) ▪ Art project for the development of CabraVale Park (20 sessions) ▪ Cooking demonstration (4 sessions) ▪ Outings/excursions (52 trips) |
| <p>Family well-being</p> | <ul style="list-style-type: none"> ▪ Communicating with children (4 sessions) ▪ Parenting (6 sessions) ▪ Contraception (6 sessions) ▪ Dealing with Gambling (3 sessions) ▪ Dealing with Drugs Contraceptive health ▪ Children play time and activities (40 occasions) ▪ Chinese/Vietnamese New Year celebration ▪ Senior week celebration ▪ Refugee week celebration ▪ Multicultural Health Week celebration ▪ Birthday celebration (6 occasions) |
| <p>Other vital topics</p> | <ul style="list-style-type: none"> ▪ Tenancy Advice (2 sessions) ▪ Legal Information -Family Law, Wills (3 sessions) ▪ Census Information ▪ Centrelink Information (13 sessions) |
| <p>Other Programs</p> | <ul style="list-style-type: none"> ▪ Sustainable Living Project , CRC (6 weeks) ▪ Female Genital Mutilation Program in partnership with the Cumberland Hospital ▪ In partnership with SSWAHS for the BCE programs: <ul style="list-style-type: none"> ○ 'Women Growing Older' (4 programs - 8 weeks each) ○ 'Women & Children Growing together in a New Country' (6weeks) ○ 'Living with Choices' (6 weeks) ○ 'New Healthy Women' (8 weeks) ○ 'Living Well in the Middle Years'(2 weeks) ○ Refugee Health nutrition program (6 sessions) ▪ Environmental Education: Energy saving Fire safety education(9 sessions) |

Counselling & Referral

In partnership with the Service for the Trauma and Torture Rehabilitation Service (STARTTS) and Transcultural Mental Health (TMH), and Fairfield Counselling Team, group and individual counselling is offered on a weekly basis. On average STARTTS runs the weekly counselling group and provides counselling to 12 individual clients. TMH provides counselling to 7 clients per week and IWHS staff provides accidental counselling to 25 clients per week.

The main presenting issues in counselling include; domestic violence, relationships, settlement issues, migration, grief and loss, family separation Raising children in different country, physiological abuse, family dispute and mental health issues in general.

IWHS staff generally receives 98 personal referrals and 110 phone referrals per week. Referrals and information is provided particularly in relation to Housing & accommodation, Centrelink, charity organisations for emergency relief, settlement related information, women carer and workforce dispute and homelessness inquiries.

IWHS Facilitators of all programs attended carefully to women's problems and referred them to appropriate services where they would get professional assistance. Generally, the problems encountered were housing and accommodation issues, Centrelink benefits, family relationship, family violence and household bills. On a weekly basis, project staff referred an average of 14 women to mainstream services and received 24 personal referrals, 25 phone referrals, and 40 general enquiries.

Lobbying & Advocacy

IWHS is active in lobbying and advocating for CALD women by taking part in discussions and events related to women issues including family violence, community development (Fairfield City Town planning), and other celebrations such as International Women's Day, White Ribbon day, and Refugee Week. Women were also advocated for any concerns they might have individually by making a phone call, helping with enquiry, reading and filling forms where required.

IWHS facilitated a range of opportunities for women to participate in campaigns to raise awareness of women's issues, struggles and achievements; these included; International Women's Day, Senior's Week celebration, Refugee week, White Ribbon, Community Care for Domestic Violence, 16 days of action against violence, the Feminist conference and Equal Pay campaign. The political education project in partnership with AEC will be running till 2010 election date. It is an empowering initiative as migrant and refugee women became vocal participants and visible representatives in their communities.

The service is also quite active in local interagencies and networks such as Fairfield Immigrant and Refugee Women Network which has been hosted at

IWHS premises over the last 4 years and a staff representative is a co-convenor of the network. The Manager has also been on the Premiere Council for Domestic Violence (DV) as an advisory member on DV issues in particular for the CALD communities. The Plan of Action had been released by government where Minister for Women requested from the manager to remain in the advisory council through the implementation process.

In addition the Manager was requested by the Chairperson of the Community Relations Commission to remain as a member in the Regional Committee for Liverpool and Macarthur areas, representing local community needs for another term.

Individual lobbying and advocacy work in relation to individual client needs takes place on a daily basis particularly with access to services and systems. IWHS works from a holistic model to health care which takes the woman and her life circumstances into account whilst providing a supportive and safe environment.

Local and Ethnic media were used to promote health information sessions and events to all CALD women in the wider community.

Outreach Clinical and Legal Services

An on-going Women's Health clinic is run in partnership with Bankstown Health Service which provides check ups, referral and other related health issues such as breast check, pap smears, continence assessments, advice on pregnancy and pregnancy tests, a check after the baby is born, menopause, and contraception, etc. The clinic was held 13 times and provided services to 49 women from CALD communities, and most of them lived in south-west Sydney. Appointments were arranged on a fortnightly basis and TIS phone interpreters were used for most consultations.

IWHS is committed to increasing women's capacity through providing support, information and guidance to empower women to make well informed decisions about their bodies and their lives.

IWHS is strongly committed to the philosophy that women have the right to live free from violence, injustice, inequality and discrimination. IWHS has a continuing and valuable relationship with Women's Legal Services NSW. This partnership has been very effective in empowering women, as clients are being informed of their legal rights, responsibilities and the services available to them. Women's Legal Services NSW provides free face to face legal advice on a fortnightly basis at IWHS, Fairfield for over 10 years. The solicitor attending the outreach clinic will see approximately 8 women per session and is always completely booked. This outreach clinic had been a very successful tool in informing disadvantaged women of their legal rights in various areas of

the law, including family law, domestic violence and discrimination. IWHS and Women's Legal Services NSW are dedicated to empowering women by providing legal information, legal advice, representation and referral. There have been numerous testimonials from women regarding this service. The women feel they are now equipped to make better informed decisions. The clients believe the solicitors from the outreach clinic are professional, friendly and have empathy.

There are several benefits in having a legal outreach clinic at a women's health centre, particularly since the partnership allows the two services to make internal referrals to other services available.

Update on Special Projects

- **Arabic Assyrian Parenting project** funded by FACSIA through a Smith Family initiative. This aimed to develop a culture appropriate parenting model especially for Arabic speaking and Assyrian communities in Fairfield. The project for three years and there will be another extended year due to the continuing demands from the community. The project developed an education program which has been delivered to both communities throughout Fairfield LGA with a primary focus on children's personalities. In total 23 programs were conducted and each program was attended by 20-25 participants, amounting to 3,575 occasions of service.
- **"A message to refugee women"** CDSE art project aimed to give migrant and refugee women a chance to express their journey through the arts. Two group counselling sessions were held to prepare women for the project followed by artwork of bag designs as a symbol of throwing the baggage one carries with them. The project aimed to explore this baggage particularly in relation to grief and loss issues. The project was launched by Fairfield City Council Mayor in November 2008 and participants were presented with a bag of their choice as a gift to continue the journey of settlement. 30 women participated in this project over a three month period where they met on a weekly basis. The project outcome, the ceramic mural art piece aimed to explain the journey of refugees towards freedom art. It was installed on Cabramatta centre outside wall and launched by Fairfield city Mayor during the AGM celebration 2009. The project process and installation encouraged local council to look into major upgrade of Cabra-vale park which was launched in the same event. During Council consultation of the Park, IWHS staff were a major consultative body who facilitated several community consultations and resulted in the development of a special safe place for older women exercise, a new modernised toilets and a special play area for children. The footpath developed in front of Cabramatta service aided many women to access the front door in a safer way.

- **Inter-woven skill sharing project** – in partnership with Fairfield City Council, this project aims to work with Cabra Vale Senior Citizens cottage to facilitate the sharing of weaving skills across to the CALD community. This project commenced in May '09. The project launch will be happening in the main shopping centre in Fairfield during September 2010.
- **Nutrition course-** in partnership with Bilingual Community Education Program, 5 workshops were conducted for women from two communities: Cambodian and Vietnamese. This directly benefited a total of 35 women who regularly attended it.
- **Diabetes Education-** in partnership with Fairfield Multicultural Health, This project aimed to raise awareness and promote health education about diabetes among Vietnamese people in the community. It was delivered in May10 with good number of participants.
- **Australian citizenship test** Staff assisted CALD women with language and contents in the preparation of citizenship test taking. The women are due to take the test in August 2010.
- **DV Radio Play-** in partnership with Immigrant Women Speakout Association, staff helped with editing and proofreading the scripts of 3 plays in Khmer and Vietnamese.
- **Filipino Women Community Support Program** delivered in partnership with Philippine Australian Community Services Incorporated (PACSI), to promote physical, emotional, psychological well-being of Filipino women in NSW through provision of health talks, education programs, and social group activities.

Partnerships Strengthened & Established

IWHS strongly believes in partnership to achieve its goals in meeting the needs of migrant and refugee women through coming together with a diverse range of services with specialist skills and resources who share similar passion and goals. Our sincere appreciation goes to the following organizations who continue to make our wish list and the dreams and aspirations of many women a reality.

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| ▪ Serbian Orthodox Welfare Association | ▪ Granville TAFE |
| ▪ Play Group Australia | ▪ House of Welcome |
| ▪ Miller TAFE Outreach | ▪ Multicultural Respite Network |

- Bankstown Health Service
- Health Promotion Service for Older People
- Fairfield City Council
- Fairfield and Liverpool Police
- Women Legal service NSW
- Cancer Council of NSW
- Cabramatta Police
- Women's Health NSW
- Seniors Peer Education Centre
- Service for the Trauma & Torture Service
- Cambodian Australian Welfare Council (CAWC)
- Asian Women At Work
- The Smith Family
- Philippine Australian Community Services Incorporated (PACSI)
- Fairfield Multicultural Health Service
- NSW Transcultural Mental Health Centre
- BCE program, South West Sydney Area Health Service
- Vietnamese Women Association
- Sydney Community College
- Multicultural Respite Network
- MTC Fairfield and Liverpool
- Centre link Fairfield, Cabramatta and Liverpool
- Benevolent Society
- Liverpool City Council
- Fairfield Hospital
- Fairfield Migrant Resource Centre
- Cabramatta community Centre
- Community First Step
- KARATANE
- Multicultural Family Planning
- Medicine Information and Peer Support

Management, Staff & Volunteers

Immigrant Women's Health Service is a not for profit women's health service. It is an incorporated association overseen by a board of Management with 20 staff, most of whom are part-time and sessional workers.

BOARD OF MANAEGEMENT:

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|----------------|-------------|
| Audrey Lai | Chairperson |
| Svetlana Maric | Secretary |
| Dalila Peredo | Treasurer |

Anh Thu Tran Member
Janet Stevens Member
Juliana Nakrumah Member

STAFF:

Manager
Admin (part-time) x2
Cabramatta Project Co-ordinator
Women's Health Educators,
Cabramatta Administration Assistant
Group Facilitators: Arabic, Vietnamese, Chinese, Swahili, Middle
Eastern Seniors women, Chinese, Sudanese, Spanish, Somalian
Book-keeper
Child Minders
Arabic Assyrian Parenting Project (AAPP) 5 facilitators

The service also has a committed group of 32 volunteers. Their prime duty was to assist group facilitators and some general office support. On-the-job training was provided to support the volunteers.

VOLUNTEERS:

| | |
|---------------------|---------------------|
| Seham Tallal | Lisa Marie Boyadian |
| Kathy Woods | Helen Arabzadah |
| Nola Younes | Hong Nguyen |
| Carole Cole | Berri Al Gilani |
| Anhe Le | Birgul Tavli |
| Tamadhur Malallah | Y-Hourng Kov |
| Esraa Mehalhal | Julette Kharma |
| Anne Marie Rubenach | Nawal Hasan |
| Birgul Tavid | Ean Heng Chhor |
| Fana Abduluaheed | Moufid Hassan |
| Cathy Alima | Emineh Turkmen |
| Ann Nesbitt | Jenny Jensen |
| Catherine Rothery | Mary Hedges |
| Jacklin Ibrahim | Helen Arabzadeh |
| Tonka Takla | Sola Touma |

Quality Improvement

The manager participated in a 1 day training session with QMS around the Self Assessment Quality Improvement Program. Our service continues to operate based on principles of quality management and continuous quality improvement, but lack of funds and staff time prohibit us from seeking formal external validation or undertaking a formal program of accreditation

Immigrant Women's Health Service holds annual planning and review days with the board of Management and staff to evaluate our services and programs, review our strategic plan and identify gaps in services and clients needs.

Pre and post surveys are conducted with all groups and programs to evaluate the effectiveness of the programs and the impact they had on improving women's health and well-being. These surveys ascertain changes in knowledge, attitudes and behaviour.

Organisational Details

Fairfield Centre

92 Smart Street,
Fairfield 2165
Tel: 9726 4044
Fax: 9726 4928
Operating times: 9am – 5pm,
Monday – Friday

Cabramatta Centre

McBurney Road,
Cabramatta 2166
Tel: 9726 1016
Fax: 9728 7372
Operating times: 9.00am – 2.30pm,
Monday - Friday

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